

## STUDENT SELF-ASSESSMENT

Name: \_\_\_\_\_ ID: \_\_\_\_\_ Date: \_\_\_\_\_  
 Department: \_\_\_\_\_ Major: \_\_\_\_\_ Mentor: \_\_\_\_\_

Each student should complete one form. The form will be used to guide discussions and identify resources for the student.

<b><u>Organization</u></b>	<b><u>Always</u></b>	<b><u>Usually</u></b>	<b><u>Sometimes</u></b>	<b><u>Never</u></b>
1. Use planner/Organizer	___	___	___	___
2. Record syllabus dates in planner (test, quizzes, papers)	___	___	___	___
3. Make written "To Do" lists	___	___	___	___
4. Have notebook/notebook section for each class	___	___	___	___
5. Keep handouts/test in their Appropriate folders	___	___	___	___
6. Have a reference list of Instructors' office hours	___	___	___	___

<b><u>Time Management</u></b>	___	___	___	___
1. Prioritize work/social activities	___	___	___	___
2. Begin assignments the day they're given	___	___	___	___
3. Turn in assignments on time	___	___	___	___

<b><u>Study Habits</u></b>	___	___	___	___
1. Stay awake in class	___	___	___	___
2. Take notes in class	___	___	___	___
3. Participate in class when possible	___	___	___	___
4. Use breaks between classes to study	___	___	___	___
5. Set specific goals for study sessions	___	___	___	___
6. Correct errors on test, quizzes and homework	___	___	___	___
7. Study location/time	_____ hrs per day ___ days per week			

<b><u>Attitude</u></b>	___	___	___	___
1. Are you self-confident	___	___	___	___
2. Are you interested in your classes	___	___	___	___
3. Committed to Paine College	___	___	___	___
4. Commitment to college education	___	___	___	___
5. Willingness to use resources (instructors, advisors, etc.)	___	___	___	___

<b><u>Study Skills</u></b>	___	___	___	___
1. Concentration	___	___	___	___
2. Memorization	___	___	___	___
3. Review Notes	___	___	___	___
4. Comprehend what you read	___	___	___	___
5. Prepare for tests	___	___	___	___

Personal Issues (check areas of concern): \_\_\_ boyfriend/girlfriend \_\_\_ burnout \_\_\_ career \_\_\_ extra-curricular activities \_\_\_ family \_\_\_ finances \_\_\_ health \_\_\_ homesickness \_\_\_ roommate other: \_\_\_\_\_  
 Learning in college is difficult for me when \_\_\_\_\_